

Must See Places in Costa Rica

- Manuel Antonio National Park
- Tamarindo and Playa Conchal
- Puerto Viejo
- Monteverde Cloud Forest
- Tortuguero



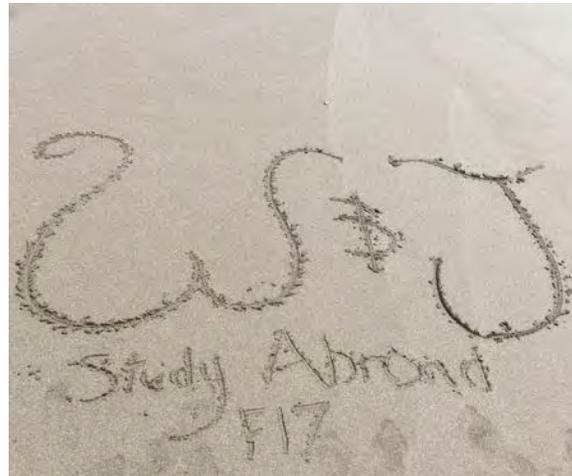
Learn More!



USAC Heredia Program



*Washington & Jefferson
Study Abroad*



Heredia, Costa Rica

How a beautiful suburb of San José can change your life





Why Costa Rica?

Costa Rica simply has it all. Mountains, waterfalls, rivers, two oceans, volcanoes, hikes, rainforests, cloud forests, and beaches are only a taste of what Costa Rica can give you. Known as the "Switzerland of Central America," the peaceful lifestyle that runs through this country and its people is sure to give you tranquil, beautiful, unforgettable experience.

Why Heredia?

Heredia, a city about 30 minutes outside of the capital, is a perfect distance from both Pacific and Caribbean coasts. Its temperate conditions makes it perfect for outdoor activities as well as some time indoors getting to know your new friends.

Costa Ricans, "ticos" as they are affectionately called, live by *pura vida*, which translates to pure life. It is a way of life; living relaxed, peaceful, kind, and living each day to the fullest. *Pura Vida* can be heard as a greeting, a goodbye, a mood, and a response to just about any question.

Living with a Host Family

With the program, you will be placed with a host family. These families are varied in many ways: size, age, siblings, pets, activities, and lifestyles. Each family provides a unique experience, but there are some similarities. The families are required to give you three meals a day, a fan in your bedroom, and a hot shower among other things. Living with a host family gives you the opportunity to gain insight into the *tico* way of life. Not only do you have a comforting bed and home cooked meals, but you also have a second family for the rest of your life.

Classes Offered

- Spanish Language Tracks from Beginner to Advanced
- Culture Study with Field Component
- Government, Politics, and Social Issues
- Literature, Poetry, and Theater
- Biology and Ecology
- Traditional Dance
- Cooking



Kriss Giles, Fall 2017
gilesm@washjeff.edu